

# Patient Form – Aesthetic Treatments

**Name**

**Consultation Date**

**Major Contraindications – please tick any that apply:**

Pregnancy  
Auto-immune  
Cancer  
"Roaccutane" Treatment  
Grade 4 Acne  
Diabetes  
Impetigo

**Major Contraindications – please tick any that apply:**

**We will proceed with caution – avoid affected areas**

Eye infections e.g. conjunctivitis, sty, cyst etc.  
Skin disorders e.g. Active Acne, Seborrheic Dermatitis, Herpes Simplex (cold sores),  
Eczema, Psoriasis, Rosacea  
Keloid scars  
Broken capillaries  
Raised moles, warts, skin tags  
Cuts, bruises, abrasions

**Are you taking any medication currently, if so what?**

**Have you had any Botox/ dermal fillers – if so when?**

I understand that with any treatments certain risks are involved and that any complications or side effects could occur. I freely accept these risks. I have been advised no AHA's (Alpha hydroxy acids), Glycolics, Retinol, Anti-Ageing Products or exfoliating products for 72 hours. Please do not take any sauna, sun bed or have any sun exposure for 48 hours. No swimming, facial waxing, electrolysis or fake tan applications for 24 hours. No heavy make up for 12 hours. The use of SPF 15 at all times during a course of treatment is strongly recommended.

**Please read carefully and only sign if you are in full agreement with all contents.**

I confirm that I have understood the treatment that I am about to receive and confirm that I am willing to proceed without confirmation from my own GP or consultant.

SIGNED \_\_\_\_\_  
(Parental Co-sign if under 16)

PRINT NAME \_\_\_\_\_

DATE \_\_\_\_\_

You should note that if the therapist is unable to explain to you the contraindications or is unsure of anything that may apply to a specific condition then they should not treat you without asking you to consult with your GP or consultant.

It is your responsibility and not that of the therapist to consult your GP or consultant. By signing this form you are hereby indemnifying the therapist against any adverse reaction sustained as a result of the treatment.